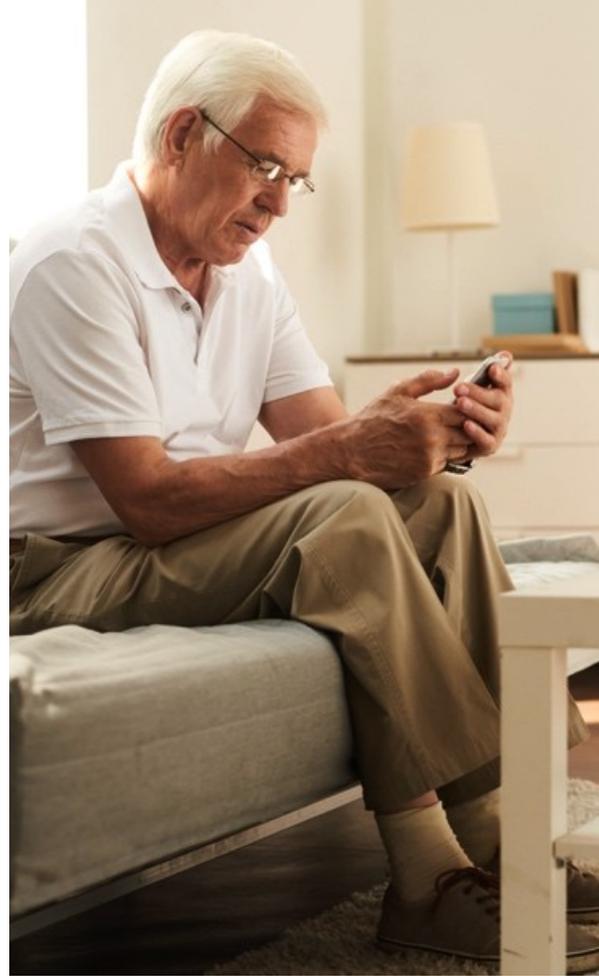




GPDQ

The Doctor Will See You Now

EDUCATION SECTOR SERVICES



Regulated by



GPDQ IS THE GATEWAY TO HEALTHCARE



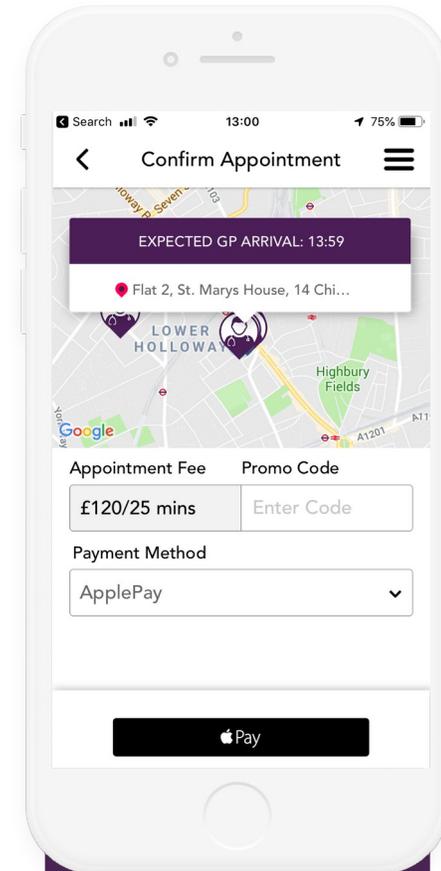
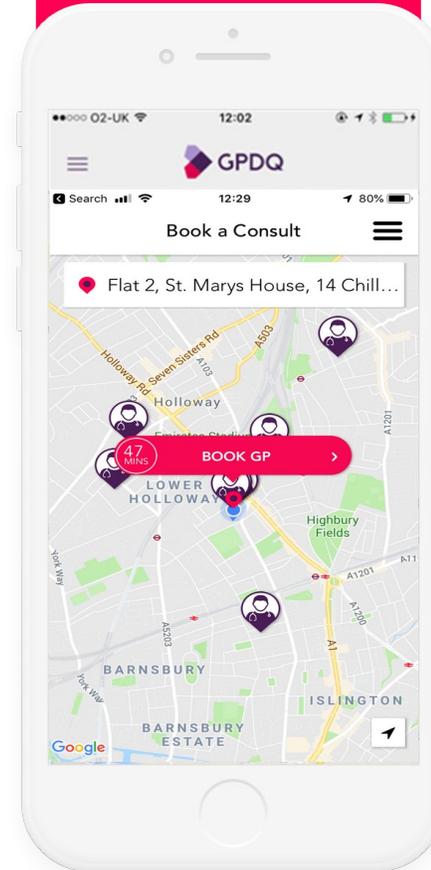
UK's leading multichannel employer healthcare service



Commissioned by the NHS in London and Birmingham to provide COVID-19 support for 1m patients



4x ROI and 40% reduction in absence



THE PROBLEM

- Government guidance on how schools can safely reopen to pupils and staff is evolving
- In a survey of more than 250,000 parents carried out last week by the PTA charity Parentkind, nearly one in five parents said they would feel confident about sending their child back to school only when school leaders and teachers said it was safe to do so.
- Employers will be liable to claims if they expose employees to unnecessary risk
- Providing an adequate return to work process is critical to ensure peace of mind for employees
- 47% of employees expect employers to take the lead on this (GPDQ research)

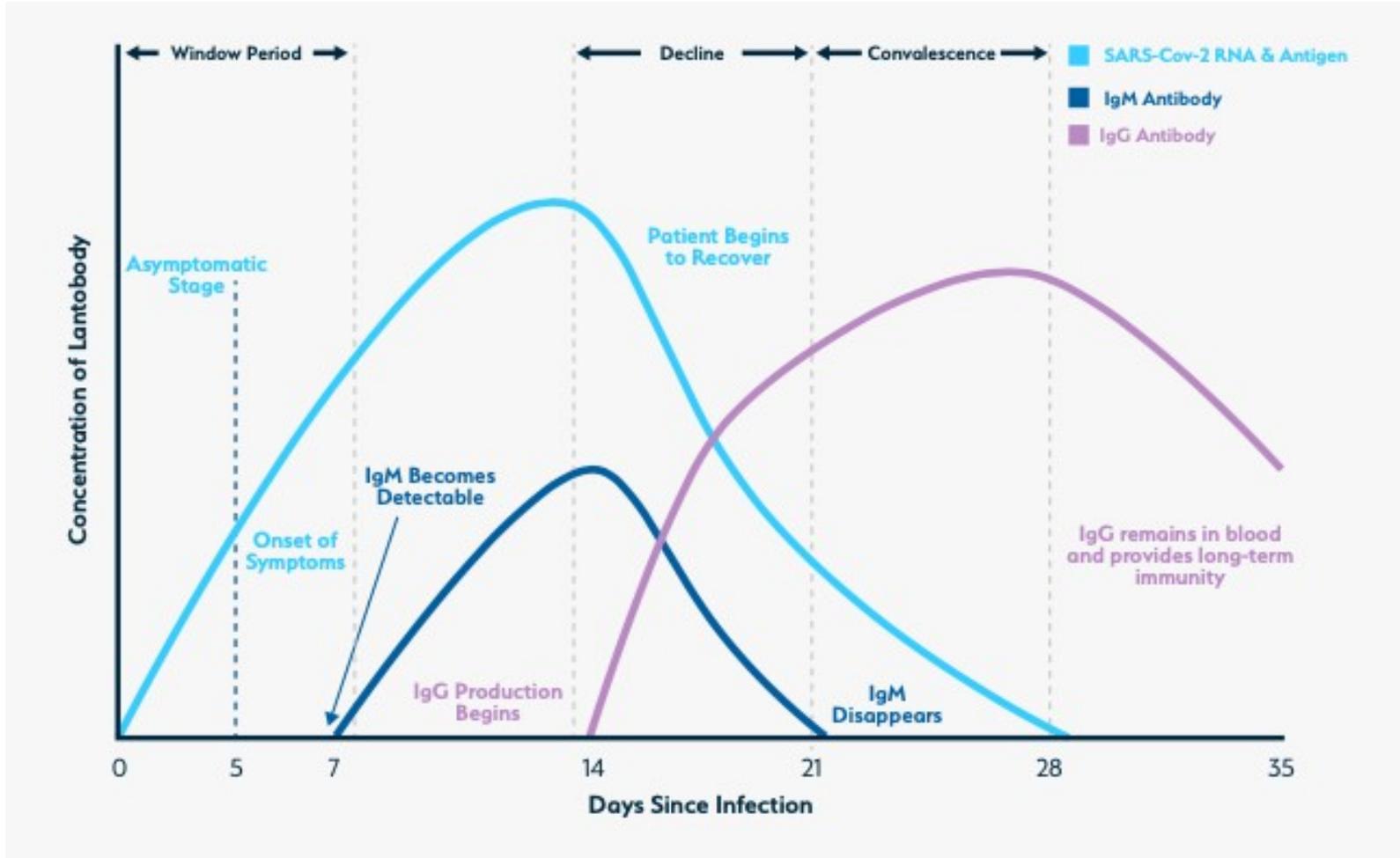
SOLUTION LIFECYCLE



1. GATHER DATA AND TESTING

- **Mental and physical questionnaire:** employees complete this at home
- **PCR (swab)** to check for the current presence of Coronavirus: administered at home or at the school site
- **Antibody (blood) test** to check for antibodies should they have had the virus previously: administered at home or at the office site (staff only)

ANTIBODY + ANTIGEN = GOLD STANDARD



- There is a window period where a person can be infected, and even show symptoms, but during which the antibody will not come back positive
- During this time a PCR test should detect the presence of the virus
- So if the antibody test (>99% accurate) is being used to diagnose current infection, it must be used with RT-PCR test

PHYSICAL HEALTH CHECKS - STAFF

NURSE LED

- 20-minute consultation
- Health history and lifestyle assessment
- Height, weight and BMI
- Blood pressure
- Temperature
- Cholesterol level
- Glucose

GP LED

- 20-minute consultation
- Detailed medical history and lifestyle assessment
- Height, weight and BMI
- Ear assessment
- Chest, heart and abdomen assessment
- Blood pressure
- Temperature
- Cholesterol level
- Glucose

RISK STRATIFICATION TOOL

➤ This proprietary software enables you to stratify your employees based on key risk factors for COVID-19.

- Current health
- Past medical history
- Lifestyle
- Mental health
- Home environment
- Commute

Your current health

Are you currently unwell with COVID-19 symptoms (fever/cough/flu like symptoms/conjunctivitis/loss of taste and smell)? *

Yes No

Have you been unwell with COVID-19 symptoms (fever/cough/flu like symptoms/conjunctivitis/loss of taste and smell) in the last 8 weeks, but are now well? *

Yes No

Do you have any pre-existing conditions? *

Yes No

Do you take any regular medications? *

Yes No

Height (cm) *

Your past medical history

Have you ever had a BCG vaccine (often a scar left on you upper arm)? *

Yes No Unsure

Have you ever had the Pneumonia vaccine? *

Yes No Unsure

Do you receive an annual flu vaccination? *

Yes No

Have you been admitted to hospital in the last 24 months? *

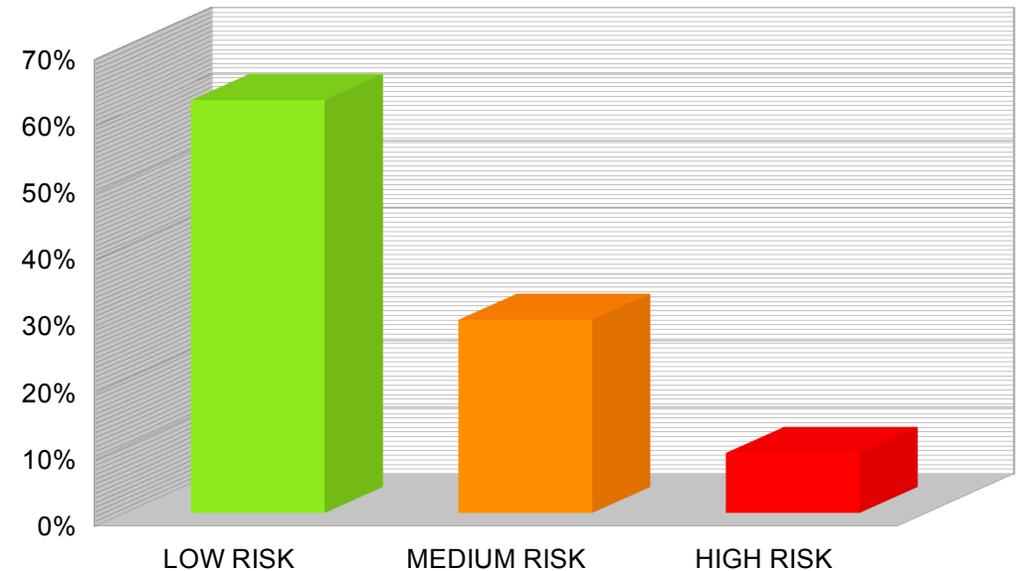
Yes No

Have you had any medical treatments in the last 24 months? *

Yes No

2. RISK STRATIFICATION

- The data and testing information is collated and analysed to give an individual score for each employee. This information can be used to enable you to deliver a healthy phased return for employees.
- This will enable you to categorise employees as follows:
 - **Low risk**
 - **Medium risk**
 - **High risk**



2. RISK STRATIFICATION - PUPILS

- Information collated for pupils would provide an output of low, medium and high risk :
 - The questionnaire would be shared with parents prior to the pupils return
 - Enabling head teachers and staff to carry out an informed return
 - Testing where applicable- children over 11 more suitable due to logistics

- Pertinent questions for pupils include (risk tool amended for children):
 - **Vulnerable people at home**
 - **How they travel to school**
 - **Is the child a carer**
 - **Does the child have special needs or in care**
 - **Medical questionnaire to ascertain high risk pupils**

3. PROACTIVE ONGOING WORKPLACE MEASURES

- **Individual advice**; including follow up consultations with GP where necessary
- **Practical workplace advice**; physical workplace adaptation, PPE, daily temperature checks, mental and physical health support
- **Group education**; video seminar to educate staff and pupils on the symptoms, risks and actions to take should they experience Coronavirus symptoms (including when it's necessary to retest)
- **Post leave check-in**; questionnaire to re-ascertain risk level post leave from the office (be it for the weekend, a break in shift pattern or holiday)

We recommend implementing to proactively address health needs:

- Regular onsite and remote GP, mental health and physiotherapy video clinics
- Full occupational health provision

ENHANCED SERVICES

MENTAL HEALTH

- Clinical psychology therapy
- Mindfulness
- Treatment
- One off consultation or treatment course
- In clinic appointments & video consultations available

PHYSIO

- Assessment
- Diagnosis
- Treatment
- Rehabilitation
- In clinic appointments & video consultations available

OCCUPATIONAL HEALTH

- Pre-employment screening
- Executive health screening
- Occupational hygiene
- Long term sickness assessments
- Advice and assessment for work related problems

4. TEST AND TRACE ACTION PLAN

- If an employee recognises that they may be suffering with symptoms they must immediately leave the workplace and check in with our GP
- The GP will assess their symptoms and organise for a PCR swab test to be sent to their home
- The results will be returned in 24 hours, if negative they can return to work, if positive they must self-isolate and can access GP support if necessary
- The employee must inform the employer of who in the workplace they have been in physical contact with to enable them to be also be retested even if they are asymptomatic (advice will be provided for contact outside of the workplace)
- All children and staff returning to school are eligible for government PCR testing, we can advise on symptoms and carry out private testing where required

5. VACCINATE

- As soon as a vaccine is available employees will receive the vaccine, prioritising any at risk employees before full roll out.
- Administer flu vaccine annually to mitigate potential confusion with COVID-19 symptoms and reduce risk of suffering flu and COVID-19 simultaneously.
- Sufficiently low community disease burden is also a route to bringing more at risk employees back to work.

DISCLAIMER

- This document includes clinically-led advice to promote a best practice return to the physical workplace. In its current format it is not prescriptive to any one employer's requirements and it does not constitute legal advice. Employers should seek legal advice regarding the collation of employee data and to ensure their return to work practices are legally compliant.

DR ANSHU BHAGAT

CHIEF MEDICAL OFFICER

+44 (0) 7899 076316

anshu@gpdq.co.uk

BOOK AN APPOINTMENT

+44 (0) 203 805 1781

www.gpdq.co.uk

